

# MARCH 2024

# READY ACADEMY CHRISTIAN SCHOOL

## LUNCH



**March 11<sup>th</sup> READY Academy Closed for Break**  
**March 26<sup>th</sup> Spring Picture Day**  
**March 28<sup>th</sup> Easter Program/ Party**  
**March 29<sup>th</sup> Teacher Workday/ No School**

**March is National Nutrition Month!** To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.



References: Academy of Nutrition & Dietetics, USDA MyPlate

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Managers Special 1

Pizza and String Beans 4

Corn Dogs, Yams, and Peas 5

Spaghetti with Meat Sauce and Rolls 6

Chicken Teriyaki, Rice, and Broccoli 7

Hot Dogs and Baked Beans 8

School Closed 11

Chicken and Waffles and Vegetable Medley 12

Meatballs and Rice with Gravy and Peas 13

Soup and Sandwich 14

Cheeseburger and Fries 15

Chicken Nuggets, Mashed Potatoes and String Beans 18

Taco Tuesday 19

Baked Chicken, Mac N Cheese with Spinach 20

Fish Sandwich with Baked Beans 21

Hot Dogs and Fries 22

Pizza and Peas 25

Turkey Italian Sub with Chips 26

Beef Ravioli with Vegetable Medley 27

Managers Special 28

No School 29

# MARCH 2024

## LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



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